

RICHARD O. HAWLEY, JR. SUSAN GAINEY ODOYO DANIEL A. BARFIELD*

ROBERT JOHN, Founder (Retired 2014)

*Also admitted in Illinois

October 2016



319 N.W. M.L. KING JR. BOULEVARD **EVANSVILLE, INDIANA 47708**

> TELEPHONE (812) 425-2718 FAX (812) 425-2874



Volume 2/Issue 4

Shrimp Stir Fry

4 oz cooked shrimp peeled, deveined

- 1 1/2 cup(s) packaged coleslaw mix (shredded cabbage and carrots)
- 2 medium uncooked scallion(s) chopped
- 2 Tbsp teriyaki sauce
- 1/2 cup(s) long grain cooked brown rice

Combine shrimp, slaw, scallions and teriyaki sauce in a skillet; toss and heat through. Serve over rice.

Jerk Turkey Slow Cooker Soup

1/4 tsp ground allspice

1/4 tsp cayenne pepper

½ tsp ground ginger

½ tsp garlic salt

½ tsp black pepper, divided

- 1 lbs uncooked boneless skinless turkey breast, cut in 1-inch chunks
- 1 clove garlic clove(s), minced
- 1 medium uncooked onion(s), chopped
- 14 ½oz canned diced tomatoes, fire-roasted with green chilies, undrained
- 15oz canned black beans, drained & rinsed 2cups canned chicken broth
- ½ tsp table salt
- ½ Tbsp fresh lime juice (1 Tbsp)
- 2 Tbsp cilantro, fresh, minced
 - In a medium bowl, combine allspice, cayenne, ginger, garlic salt and 1/4 teaspoon of black pepper. Add turkey and toss to coat; set aside for 15 minutes.
 - 2. Place turkey in a 5-quart slow cooker; add any spices remaining in bowl. Add garlic, onion, tomatoes, beans, broth, salt and remaining 1/4 teaspoon of pepper; stir. Cover and cook on low setting for 6 to 7 hours. Stir in lime juice and cilantro; let sit for 5 minutes for flavors to blend.

We hope you have seen our new noir style commercial. We had a little fun in creating the props for this commercial. The accident report was designed to depict the "Day the Music Died". The names, the date and time are from the plane crash of "The Big Bopper". We hope you enjoy the commercial and watch for more new ones to come.

Robert John & Associates was a sponsor of the WIKY, WSTO Bear Posse. There were collection boxes throughout the tristate for teddy bears. These bears were collected to give to the police, fire, EMS departments in Vanderburgh and surrounding counties for children that are in a situation that calls for a special friend. The campaign was an overwhelming success, thanks to the tristate.

Rich and Dan played in the annual fundraiser for The Downtown Optimist Club golf tournament. This raises money for the youth of our community. While it was fun and for a good cause, don't worry they are back to practicing law because golf is definitely not an option for them to make a living.

Also, Rich participated in Lunar Yoga raising funds for Smile on Down Syndrome in September. Check out our Facebook for a picture from that night. Can you spot him in Downward Dog with all the other yogis out that night?

Dan is the treasurer of the St. John's Men's Club. They held their re verse draw fundraiser for various charities they support. Robert John & Associates was a co-host for this event. This is the largest fundraiser for the Men's Club.

Watch for our 2017 Facebook charity campaign. We will announce the details in December. Thanks to our Facebook fans for the support. Follow our Facebook page for upcoming charitable events and other important information.







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Things You Need to Know

Steps to getting a fair settlement

- 1. Be careful who you talk to.
- 2. Be a good medical historian and a good patient.
- 3. Photographs are vital.
- 4. Don't sign a release for your medical records.
- 5. Don't settle too quickly.
- 6. Know the potential insurance coverages that might apply.
- 7. Follow the doctor's orders.
- 8. Be prepared to file a lawsuit, if needed.
- 9. Ask an injury lawyer to evaluate your case.
- Choose an injury lawyer who isn't afraid to go to court.

Recent Recalls Because of Potential Dangers

- Samsung Recalls Galaxy Note7 Smartphones Due to Serious Fire and Burn Hazards
- GE Profile[™] top-loading clothes washers due to fire hazard
- Babies 'R' Us pacifier clips due to choking hazard
- McDonald's Recalls "Step-iT" Activity Wristbands Due to Risk of Skin Irritation
- Whirlpool brand microwave hood combinations due to fire hazard
- Brown Jordan Services Recalls Swivel Patio Chairs
 Due to Fall Hazard; Sold Exclusively at Home
 Depot

Claims that Could Affect You

Mirena – is an IUD that was originally approved by the FDA as an intrauterine contraceptive. It was later approved as a treatment for heavy menstrual bleeding. Serious adverse side effects and potentially life-threatening complications have been reported following the implantation of the device. These complications include organ perforation, migration of the IUD to outside the uterus, expulsion of the IUD, and embedment in the uterus, among others.

IVC Filters — Retrievable IVC filters are wire devices implanted in the vena cava, the body's largest vein, to stop blood clots from reaching the heart and lungs. These devices are used when blood thinners are not an option. Manufacturers include Bard, Cook and Johnson & Johnson. While permanent IVC filters have been used since the 1960s with almost no reports of failure, retrievable IVC filters were introduced in 2003, promoted for use in bariatric surgery, trauma surgery and orthopedic surgery. Risks associated with the retrievable IVC filters include migration, fracture and perforation, leading to embolism, organ damage and wrongful death.

3M Bair Hugger – is a force hot air warming blanket, used to help maintain a patient's body temperature during surgery. It pushes warm air through a flexible hose into a blanket draped over a patient. Warming blankets can recirculate contaminated air over a patient's body, including over an open surgical site. This may result in infections like MRSA or sepsis. In particular, patients undergoing knee or hip replacement surgery are at risk of infections deep in the joint. Complications from these infections include hospitalization, implant revision surgery, limited mobility, permanent disability, amputation and death.

An injury can be an emotional and overwhelming time for your family. Attorneys at Robert John & Associates are here to help. Let us fight for your rights!

You Are Why We Do What We Do – Thanks for Trusting Us

Thank you for choosing our firm for your legal needs. We hope that you will continue to count on us when you need legal help. We are just a phone call away. We also appreciate the trust that you have placed in us by referring your friends, family, and associates to us for legal services. If you know anyone who needs advice, please give them our number or, better yet, pass on the newsletter. If you would like to receive future issues electronically, as well as a paper copy, please feel free to call the office and we will get you signed up.

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